

# UPA SYDNEY HOME CARE

## “CONNECTIONS” SOCIAL GROUP PROGRAM FEBRUARY 2020

Monday	Tuesday	Wednesday	Thursday	Friday
3 <b>Closed</b>	4	5 <b>Closed</b>	6	7
10 Love Letters Craft Hearts	11 	12 Riverside Movies Kiss me Kate 1953	13 	14 <i>Happy Valentine's Day</i>
17 Mardi Gras Mask	18	19 Cabramatta Leagues Club \$12	20	21
24 Mardi Gras Mask Parade	25 	26 Pancakes on the Rocks \$10	27	28 

**PROGRAM SUBJECT TO CHANGE. PLEASE CONTACT YOUR COORDINATOR TO BOOK DAYS OF ATTENDANCE**

Mondays \$5.00 contribution fee

MORNING TEA IS SERVED AT 10AM

GENTLE EXERCISES AT 1030AM

ACTIVITIES from 11AM

LUNCH AT 12PM/1230PM

AFTERNOON READINGS/TRIVIA/QUIZ FROM 130PM

TRANSPORT HOME FROM 2PM

Wednesdays \$10.00 contribution fee

MORNING 1030AM

TRANSPORT TO OUTING

LUNCH AT 1230PM

TRANSPORT HOME 130pm

Additional costs will be incurred depending on the outing, plenty of notice given

Departure time will vary depending on outing.